



Mental Health Services

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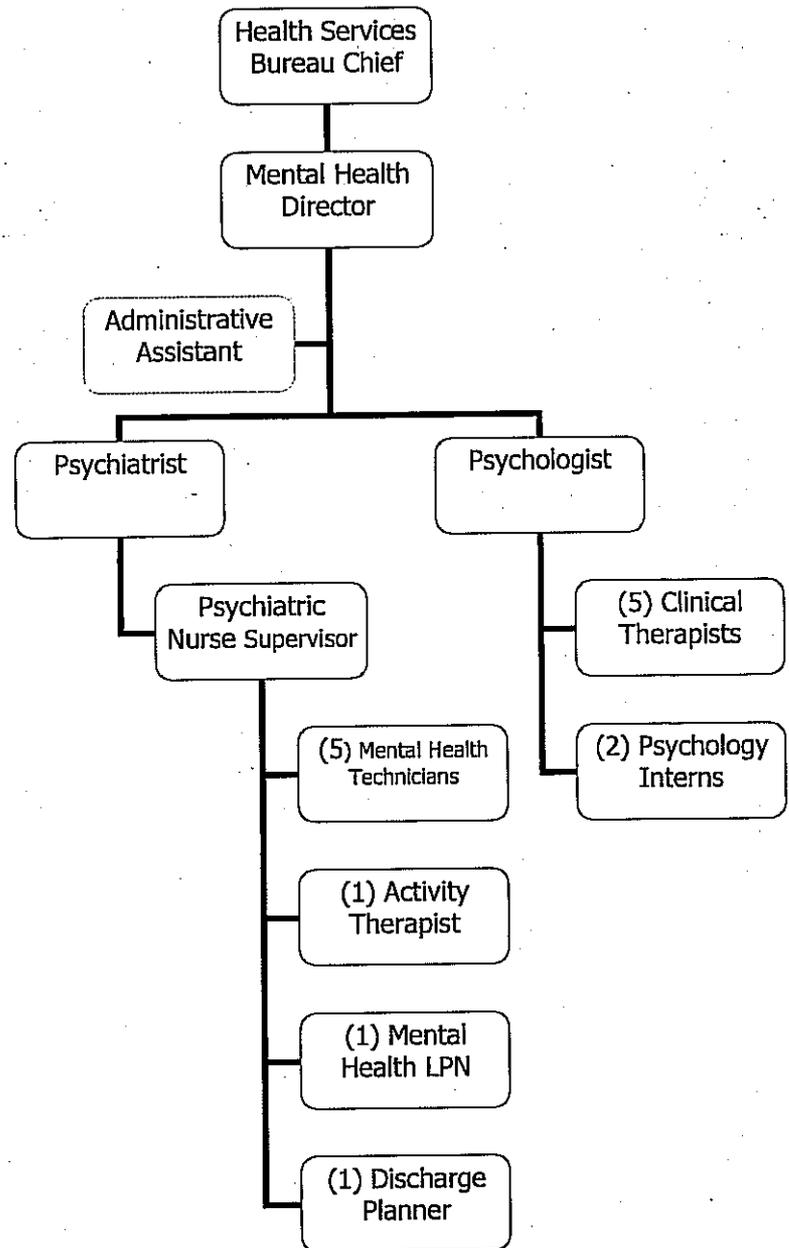
MONTANA STATE PRISON

500 Conley Lake Road
Deer Lodge, MT 59722
406-846-1320

Mental Health Director: Jill Buck, RN, CCHP
Psychiatrist: David Schaefer, MD
Psychologist: Jeffrey Ritow, PhD

Mission Statement: The Mental Health Department at Montana State Prison is committed to delivering evidence-based services to meet the needs of incarcerated men who suffer from severe and persistent mental illness, acute emotional disturbances, and to prevent suicide and self-harm.

Mental Health Department Staff:



Services Provided:

Intake and Assessment

All inmates are screened for mental illness through Level 1 (initial) screens. If the Level 1 is positive a Level 2 assessment (comprehensive psychiatric history) will be done by a therapist.

If not done previously at MSP, intelligence testing is performed on all inmates. Referrals for mental health services are generated through the Level 2 assessments as well as through inmate and staff requests.

Medication Management

Psychiatric medications are prescribed by a psychiatrist. New inmates with psychiatric medications may have their meds continued at admission by a mid-level provider with follow-up by the psychiatrist. Inmates stabilized on medication may have follow-up care provided by a primary care physician.

Individual and Group Counseling

Clinical therapists and the clinical psychologist provide individual and group treatment to inmates with severe and persistent mental illness or acute emotional disturbances.

Group treatment is focused on skill building, symptom management, relapse prevention, health and wellness, and peer support.

Mental Health Rounds

All inmates in the two locked housing units are seen weekly at their door by the Psychiatric Nurse Supervisor. The purpose of rounds is to identify decompensation, for short-term counseling, and to act as the expert liaison for security staff.

Discharge Planning

A case manager is dedicated to mental health services to provide discharge planning to those offenders who leave MSP on parole, probation, or a flat discharge and have SDMI (Severe Disabling Mental Illness).

Mental Health Treatment Unit (MHTU)

The mission of the MHTU is to provide a safe, secure, supportive and comprehensive treatment environment for MSP inmates with serious mental illnesses. We have a 12 bed unit in Close II and 8 beds in B unit that are monitored by our mental health technicians. The length of stay varies from a few days to a few years to permanent housing.

Inmates live on the units and participate in treatment programming which includes individual and group treatment. Treatment plans are individualized and are used to monitor progression through planned treatment strategies and interventions.

A gradual, supported transition can be provided as inmates are able to move to normal housing units.

Recreation and Activity Therapy

A dedicated activity therapist for the MTHU completes individual recreational treatment plans for all inmates on the Mental Health Treatment Units. Daily activities include supervised cardio activities in the gym and yard, hobby in high support, and various skill-building activities scheduled throughout the week. The Activity Therapist also helps inmates find jobs in prison, coaches them on interviewing, and monitors their success in the job.

Emergency Services

Licensed staff are on call for emergency services 7 days a week, 24 hours a day. On-call staff provides consultation, planning, and various crisis management techniques.

Infirmery Admissions

Mental health staff utilizes the infirmery for psychiatric crisis stabilization, evaluation, and medication adjustment for severely mentally ill inmates or for inmates that are suicidal or psychotic and need close or constant observation.

Mental Health Department Numbers:

Main: ext. 2464

Mental Health Director: ext. 2446

Psychiatrist: ext. 2224

Psychologist: ext. 2266

Psychiatric Nurse Supervisor: ext. 2514

Mental Health Treatment Unit: ext. 2317

Discharge Planner: ext. 2512

Mental Health Fax: 846-6046

Information on the web:

Department of Corrections

[Http://www.cor.mt.gov](http://www.cor.mt.gov)

Department of Corrections Intranet Site

[Http://www.my.cor.mt.gov](http://www.my.cor.mt.gov)

CON (Correctional Offender Network)

